

# “I Am Going to Make It through This Year if it Kills Me”

## The Bottom Line

\_\_\_\_\_ for \_\_\_\_\_,  
\_\_\_\_\_ Your \_\_\_\_\_ Might Be

### I. Seven \_\_\_\_\_ to \_\_\_\_\_ in 2020

1. Underlying Stress and Anxiety
2. (Social) Media Networks’ Focus on Conflict, Fear, Outrage

<https://medium.com/@tobiasrose/the-enemy-in-our-feeds-e86511488de>

3. Echo Chambers and Confirmation Bias
4. Caricatures of Opposite Views
5. Murkiness in Knowing What to Believe
6. Communication is Hard



<https://www.inc.com/minda-zetlin/you-should-never-ever-argue-with-anyone-on-facebook-according-to-science.html>

7. Losing Sight of what is Central and What is Secondary

### II. Three \_\_\_\_\_ in 2020

1. Humility in Listening, Apologizing, Forgiving
2. Understanding the Views and Motives of others (whether “Red Light, Yellow Light, or Green Light”)

*Phil 2:1-5; James 1:19-20; Eph 4:31-32*

3. “In Essentials Unity, in Non-Essentials Liberty, in All Things Charity”

*Titus 3:9-11; 1 Cor 7; Rom 14:1-4*

...by thinking through which of the “\_\_\_\_\_” have impacted you the most.

*How can I reduce the impact of these?*

...by thinking through which of the “\_\_\_\_\_” you most need to implement.

*What steps can I take this week?*

...by keeping \_\_\_\_\_ with \_\_\_\_\_ your main concern, over every other secondary issue.

*How might I have lost my way in this tumultuous year?*

...by choosing \_\_\_\_\_ a fellow believer is wearing a mask or not wearing a mask, and \_\_\_\_\_ they have good reasons motivated by their love for Christ.

*Who might I need to apologize to or forgive?*

...by considering being \_\_\_\_\_ position at times if it negatively impacts your ministry opportunities.

*What are the implications of my view for reaching others with the message of Christ?*

