

# THE HERO'S JOURNEY

(APPLYING THE CODE PART 3)  
—CHRISTUS VICTOR WEEK 26—  
*Colossians 3:20-21 (NIV)*

I. \_\_\_\_\_: \_\_\_\_\_ YOUR MENTORS' \_\_\_\_\_

<sup>20</sup> Children,

obey your parents in everything,

for this pleases the Lord.

## BOTTOM LINE FOR CHILDREN AND TEENS

**As you are \_\_\_\_\_ on your own \_\_\_\_\_ Journey,  
make the most of your \_\_\_\_\_ with your \_\_\_\_\_.**

...by believing the \_\_\_\_\_ them into your \_\_\_\_\_ for a reason.

...by valuing the \_\_\_\_\_ they \_\_\_\_\_ you for your journey.

...by \_\_\_\_\_ them respectfully even if it doesn't \_\_\_\_\_.

*Draw Yourself as a Hero  
Ready to Go on a Journey*

*Draw Your Parent(s) as Heroic  
Mentors Preparing You*

II. \_\_\_\_\_: \_\_\_\_\_ THE HEROES \_\_\_\_\_

<sup>21</sup> Fathers [or Parents],

do not embitter your children,

or they will become discouraged.

## BOTTOM LINE FOR PARENTS

**Find the right \_\_\_\_\_ between \_\_\_\_\_ and \_\_\_\_\_  
as you mentor your children on their hero's journey.**

John Townsend (co-author of *Boundaries*) suggests we do this by:

### **Love**

Convey to your children, with warmth and words, that you love them unconditionally. Kids embrace boundaries in an atmosphere of love rather than in one of emotional detachment or anger.

### **Truth**

Give your kids clear ground rules for their behavior in your home, such as obeying parents, treating others respectfully and doing chores and homework. Put these on a simple list on your fridge so your kids can easily see them.

### **Freedom**

Tell your kids they can choose whether to obey the ground rules — that it's up to them (except in common-sense urgent situations, such as a small child running into the street).

### **Reality**

Let them know the consequences for following the ground rules and the consequences for not following them. Following means great times and freedom for your children. Not following can result in a range of outcomes, such as time outs, loss of playdates, losing cellphone privileges, digital devices or stricter curfews. That is, they are free to choose, and through their choices, they are also choosing the outcome.

*As you move forward, resign from nagging. It's tempting to remind our kids over and over to behave. But nagging without a consequence is useless. It simply trains them to ignore you until you give up or blow up. When you take them through the four steps, follow through with the consequence — and don't give empty threats.*